



*Iranian Society of Knee Surgery, Arthroscopy, and Sports Traumatology*

## **Patellofemoral Joint Instability Symposium**

**Scientific Chairman: Dr. Hoseinali Hadi**

**Friday 31 January 2025**

**جمعه ۱۲ بهمن ۱۴۰۳**

**تهران، بیمارستان آتیه، طبقه هفتم، تالار دکتر هنرمند**

<b>Session A</b>		<b>08:00-10:00</b>
<b>Chairman:</b> Dr. Mohammad Rahbar		
Surgical anatomy and biomechanical considerations in patellofemoral joint instability	Dr. Hooman Yahyazadeh	08:00-08:08
Types of patellar instability and treatment guidelines	Dr. Arash Heydari	08:08-08:16
Medial patellofemoral ligament reconstruction techniques	Dr. Amir Azimi	08:16-08:24
Physseal-sparing medial patellofemoral ligament reconstruction	Dr. Hosein Aslani	08:24-08:32
Lateral retinacular release and lengthening, when & how?	Dr. Reza Ganji	08:32-08:40
Proximal realignment in skeletally immature patient	Dr. Alireza Ghaznavi	08:40-08:48
MPFL and MPTL reconstruction, how I do it?	Dr. Mohamma Razi	08:48-08:56
Q & A		08:56-09:10
<b>Panel Discussion</b>	<b>Moderator:</b> Dr. Arash Sherafatvaziri	
<b>Panel Members:</b> Dr. Mohammad Razi, Dr. Sohrab Keyhani, Dr. Abolfazl Bagherifard, Dr. Ata Moshirabadi, Dr. Fardin Mirzatolooei, Dr. Mohammad Ayati, Dr. Gholamreza Ghorbani Amjad, Dr. Behzad Hanafizadeh		09:10-10:00
<b>Break</b>		<b>10:00-10:30</b>
<b>Session B</b>		<b>10:30-12:30</b>
<b>Chairman:</b> Dr. Hadi Makhmalbaf		
Trochleoplasty, indications & technique	Dr. Kaveh Bashti	10:30-10:40
Surgical consideration for tibial tubercle osteotomy	Dr. Hosein Karimi Haris	10:40-10:50
Patellar tenodesis, when & how?	Dr. Sina Talebi	10:50-11:00
Osteochondral fracture and patellar instability	Dr. Moslem Fallah	11:00-11:10
Isolated patellofemoral pain and arthrosis; surgical management	Dr. Reza Minaei	11:10-11:20
Coronal plane and rotational osteotomy for patella instability	Dr. Babak Haghpanah	11:20-11:30
Q & A		11:30-11:40
<b>Panel Discussion</b>	<b>Moderator:</b> Dr. Hamidreza Yazdi	
<b>Panel Members:</b> Dr. Mahmoud Karimi Mobarakeh, Dr. Ali Torkaman, Dr. Keyvan Ahadi, Dr. Salman Ghafari, Dr. Hoseinali Hadi, Dr. Mohammad Banasiri, Dr. Amir Shahryar Ariamanesh		11:40-12:30